

БИЛУ (Linear Acceleration Measurement Unite) Hardware Test. БСММ Power cycling

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:25	FE-1	Post-sleep
	CDR	Biochemical urine test
06:25-06:40	FE-1	
	CDR	Post-sleep
06:40-06:50		UROLUX hardware stow
06:40-06:55	FE-1	Post-sleep
06:50-07:05	CDR	
06:55-07:45	FE-1	BREAKFAST
07:05-07:30	CDR	TV session. Video downlink of Motorola 9505 battery charging (Start To=07.09, T1, T2, T3 based on Daily Flight Program(СПП))
07:30-08:15		BREAKFAST
07:45-08:15	FE-1	Prep for work
08:15-08:30		Daily planning conference (<i>S-band</i>)
08:30-09:30	CDR	Prep for return on Soyuz
08:30-11:30	FE-1	HPA: hand grip activity
09:30-10:00	CDR	Kit de-stow and prep for Soyuz ventilation system config
10:00-11:00		Physical Exercise (TVIS-1)
11:00-11:45		Test closure of spare Vozdukh ABK emergency valve
11:30-11:40	FE-1	TVIS monthly maintenance
11:40-12:55		Physical Exercise (TVIS)
11:55-12:25	CDR	Inspection of bacterial filter and smoke detector in Airlock
12:25-12:55		Inspection of bacterial filters and smoke detector in Node-1
12:55-13:55		LUNCH
13:55-14:30	CDR	Inspection of bacterial filter and smoke detector in Lab
13:55-14:00	FE-1	Demate of RWS (Robotic Work Station) cable
14:00-16:25		Prep for return on Soyuz
14:45-15:05	CDR	IMS file prep
15:05-15:45		Maintenance of СОЖ
15:45-16:00		Monitor installation of ИП-1 sensors
16:00-16:05		Inspection of БРПК separator
16:05-16:45		Interaction: data collection and backup
16:25-16:55	FE-1	RPCM R/R
16:45-18:15	CDR	Physical Exercise (TVIS-1)
16:55-17:05	FE-1	Daily payload status check
17:05-18:20		Physical Exercise (RED)
18:15-18:45	CDR	Daily plan review
18:20-18:45	FE-1	Daily plan review
18:45-19:00	.	Daily planning conference (<i>S-band</i>)
19:00-19:30		Prep for work
19:30-20:00		DINNER

20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

NOTE: See OSTP for references to US activities

End of radiogram